

Sowers Harvest Café

Children's Menu (for any age)

Portions are approximately half of standard amount.

Item	Price
Amy Omelet	6.50
Classic Egg <i>on whole wheat</i>	3.95
French Toast <i>one slice</i>	7.00
PB & J	3.50
Grilled Cheese	3.50
Any Panini	5.95
Garden Side Salad	4.95
Apple, Banana, or Orange	1.50
Fruit Cup <i>choose 3 fruits</i>	4.25
Freshly Baked Cookie	1.50
Orange Juice	1.25
White or Chocolate Milk	1.25



Naturally healthy cuisine served with a  of welcome